

Koala Christmas Activity Pack



Koala
Kids

Peer Support Group

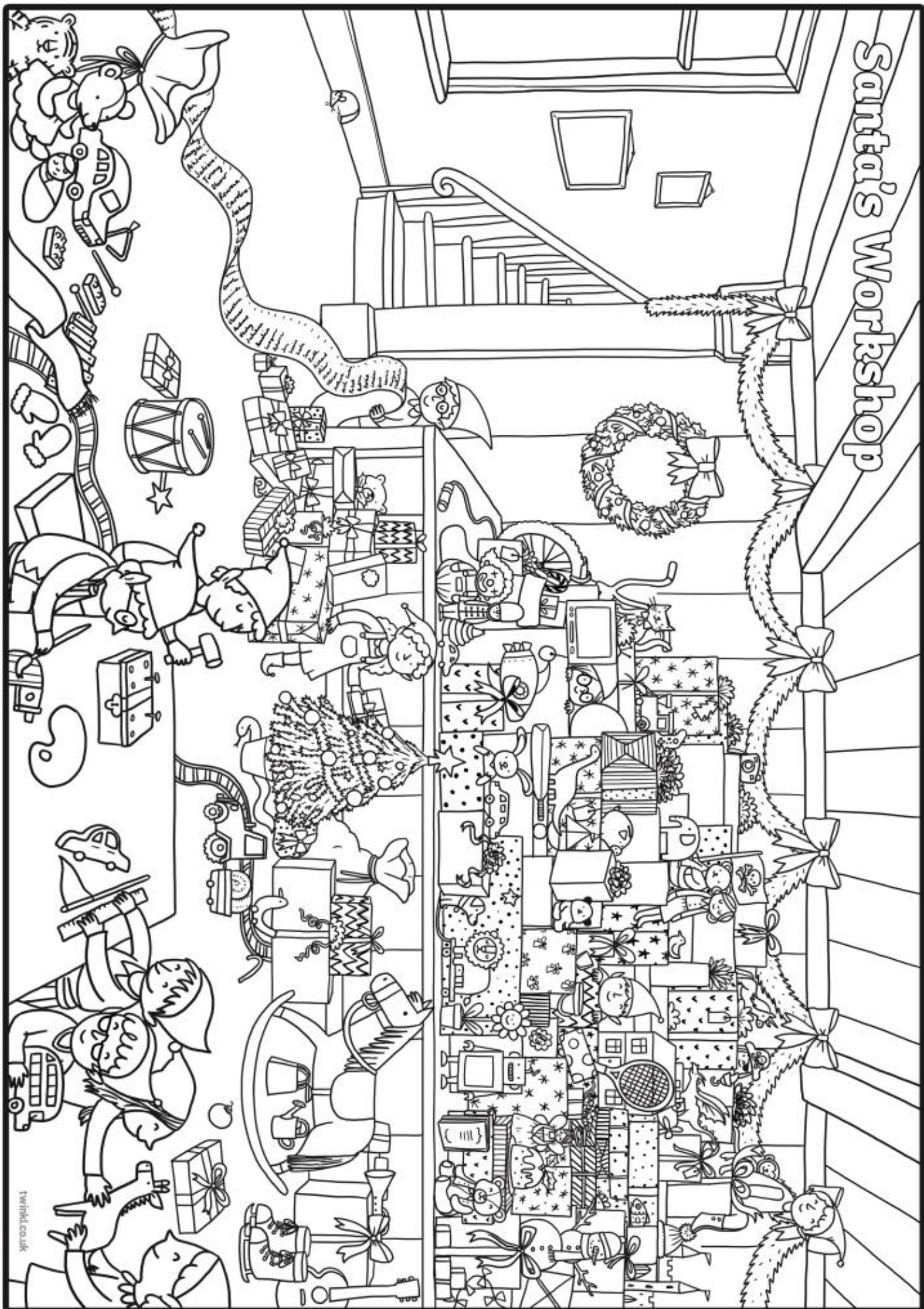
**We hope you find
the Kids pack
helpful over the
Christmas break!**

See you in 2022!



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Santa's Workshop



Christmas Challenge

Use this challenge sheet to ask your classmates and friends for their answers. You must not ask the same person more than twice!

1. Name 5 Christmas songs.
2. Name 3 Christmas words that start with 's'.
3. Name 5 Christmas foods.
4. Name 5 things you do on Christmas morning.
5. Name 3 things you put on the Christmas tree.
6. Name 3 things you leave out for Santa on Christmas Eve.
7. Name 5 things Santa wears.
8. Name 3 of Santa's reindeer.
9. Name 3 things from 'The 12 Days of Christmas' song.
10. Name 3 Christmas colours.



Print out the cards, on the following pages, and use them for two teams of charades!

Action Words

Decorating a Christmas tree



Action Words

Elves making toys



Action Words

Drinking hot chocolate



Action Words

Ice skating



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Action Words

Shovelling snow



Action Words

Having a snowball fight



Action Words

Santa creeping in to deliver presents



Action Words

Santa going down a chimney



Action Words

Singing Christmas carols



Action Words

Making a snow angel



Action Words

Opening presents



Action Words

Going on a sleigh ride



Action Words

Catching a snowflake on
your tongue



Action Words

Cutting down a Christmas tree



Action Words

Writing Christmas cards



Action Words

Wrapping presents



Action Words

Building a snowman



Action Words

Pulling a Christmas cracker



Action Words

Putting on gloves, hat, scarf
and wellies



Action Words

Eating Christmas dinner



Action Words

Silent night



Action Words

Santa Claus is Coming to Town



Action Words

I'm Dreaming of a White Christmas



Action Words

Away in a Manger



Action Words

I Saw Mommy Kissing Santa Claus



Action Words

Jingle Bells



Action Words

When Stand Got Stuck Up the Chimney



Action Words

We Wish You a Merry Christmas



Action Words

Father Christmas surfing



Action Words

Rudolph building a snowman



Action Words

Rudolph the Red-nosed Reindeer



Action Words

Father Christmas skiing



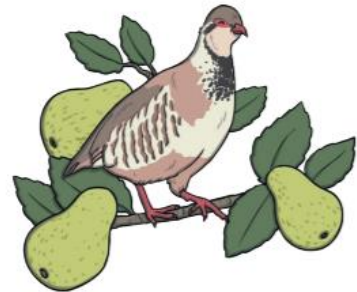
Action Words

Father Christmas ice skating



Action Words

The Twelve Days of Christmas



Action Words

Father Christmas playing video games

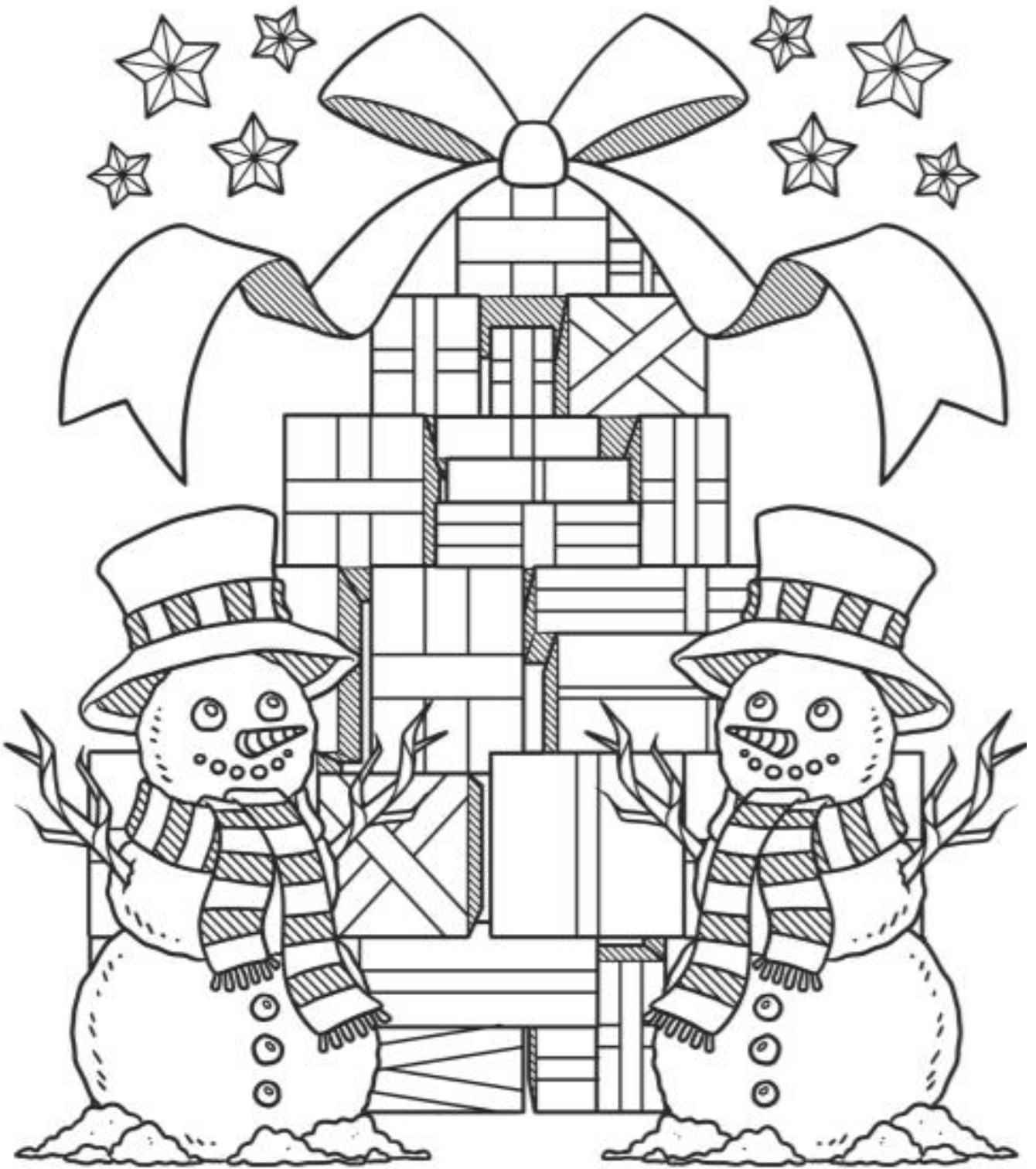


Action Words

A snowman sunbathing





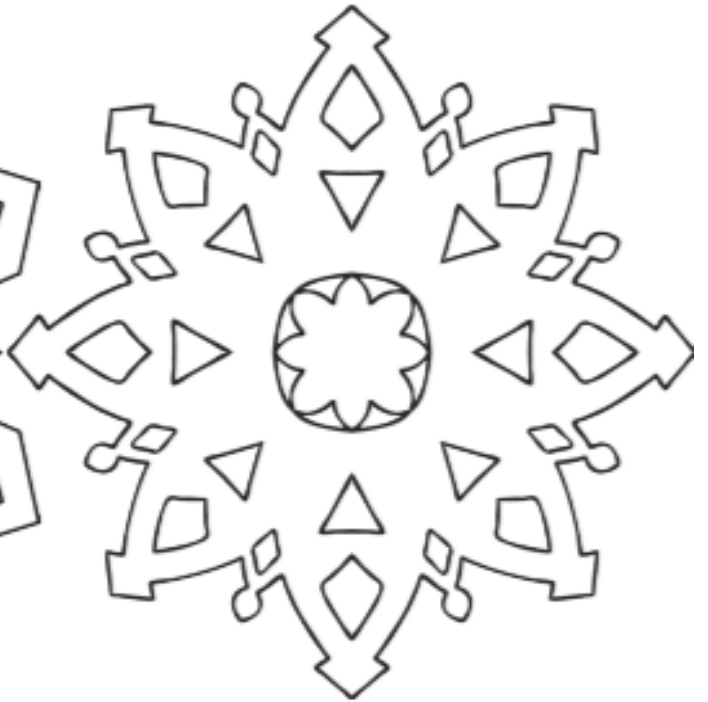


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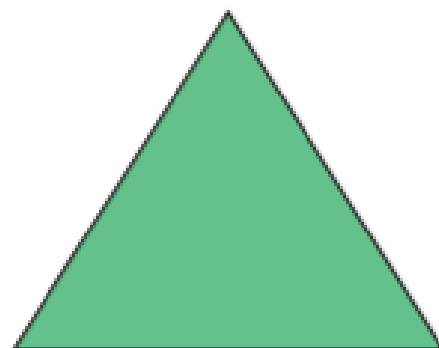
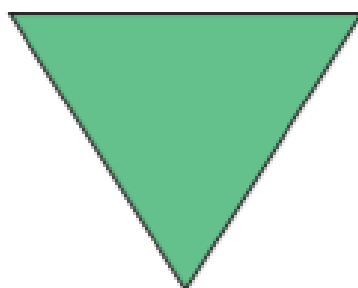
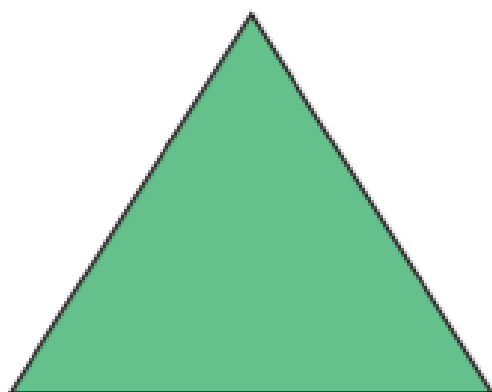
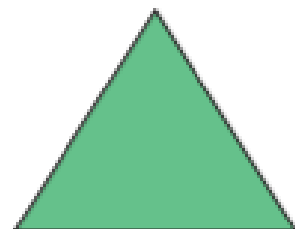
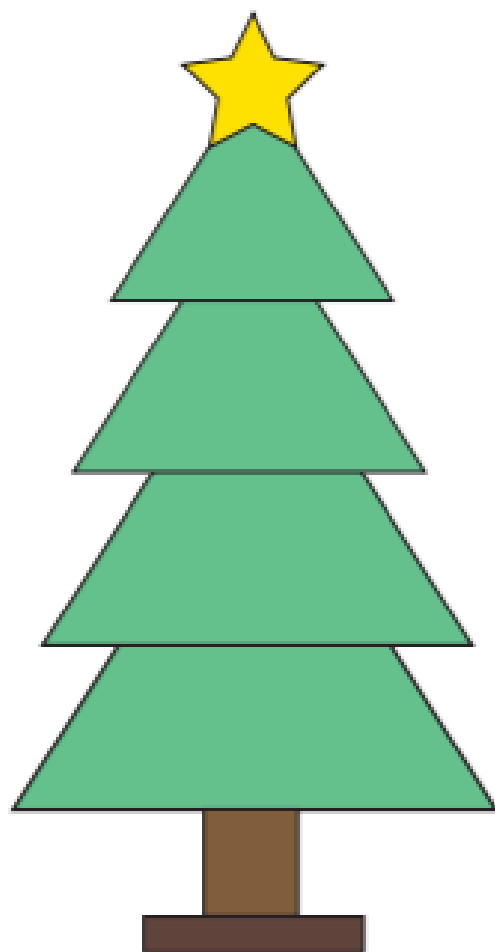




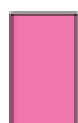
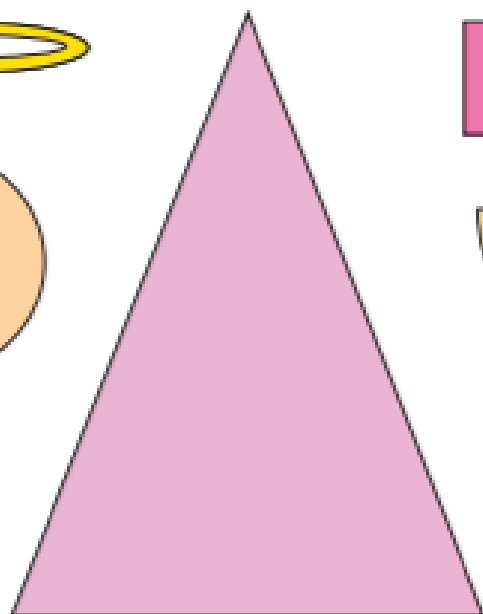
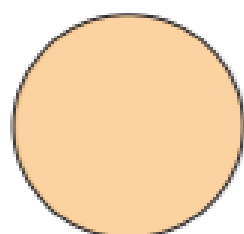
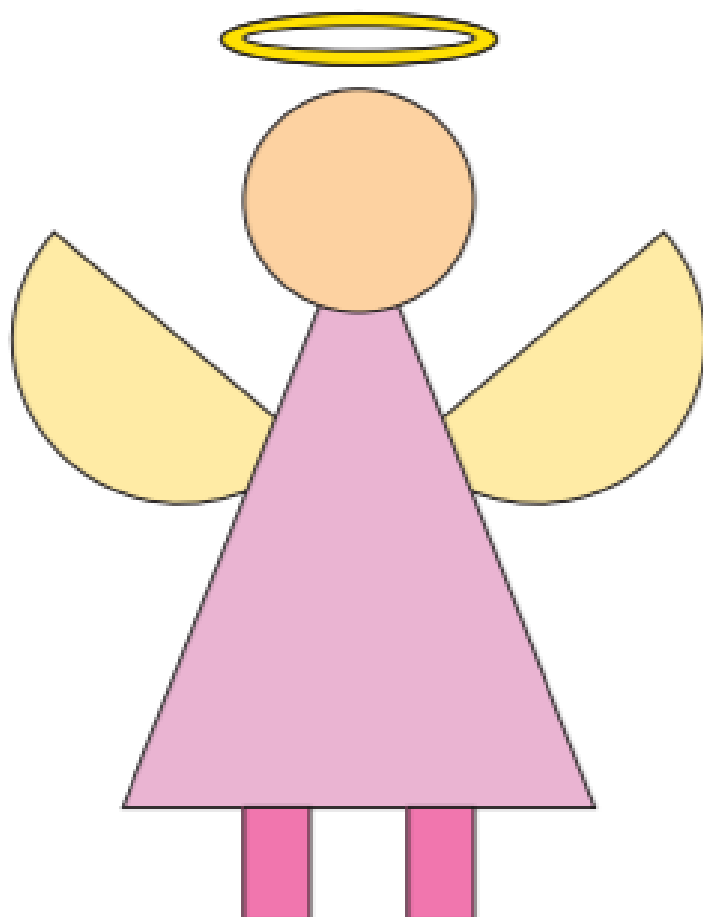
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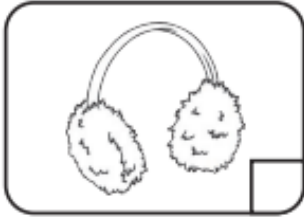
Cut and Stick Activity



Cut and Stick Activity



Have a go at this scavenger hunt!



earmuffs



snowflake



scarf



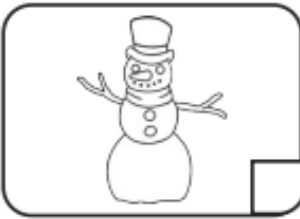
ice skates



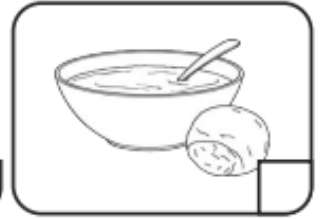
hot cocoa



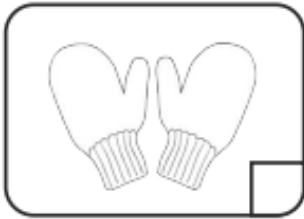
coat



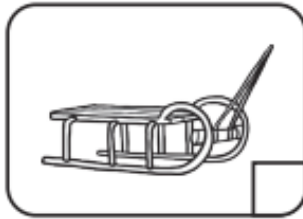
snowman



soup



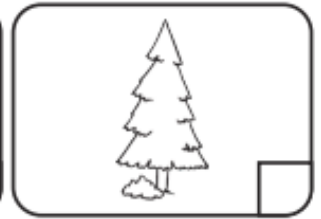
mittens



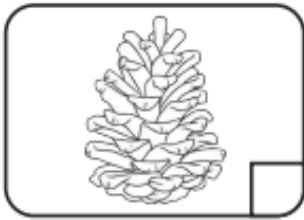
sled



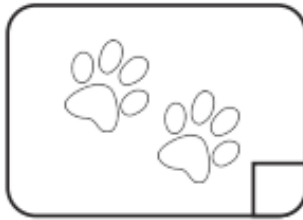
hat



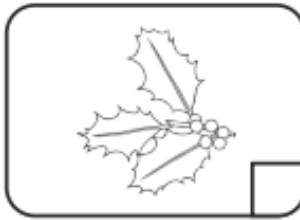
evergreen tree



pine cone



animal tracks



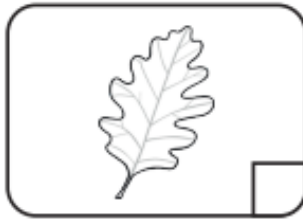
holly



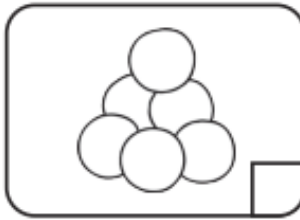
bare tree



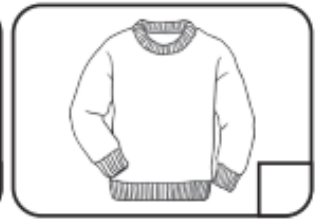
socks



brown leaf



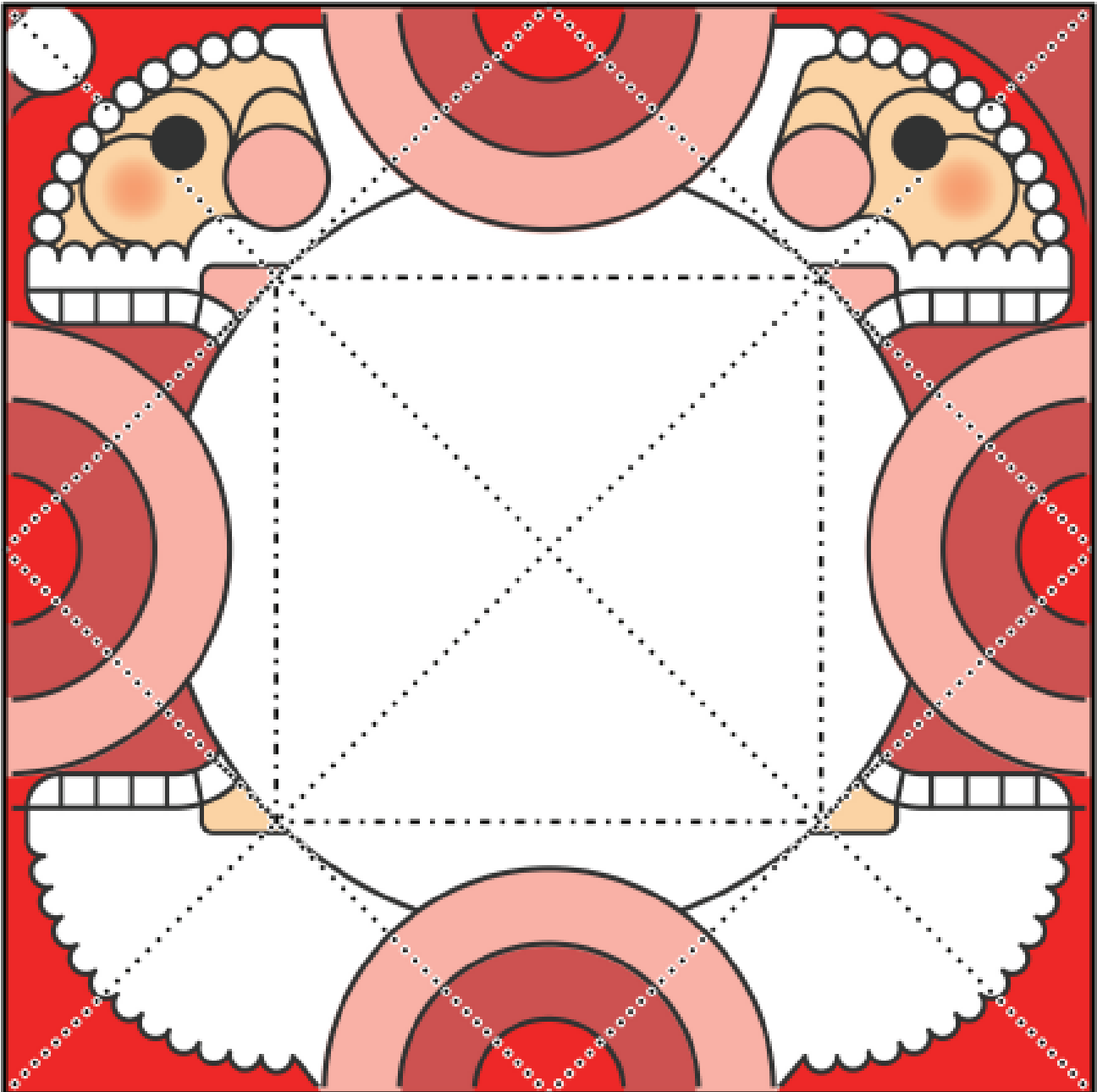
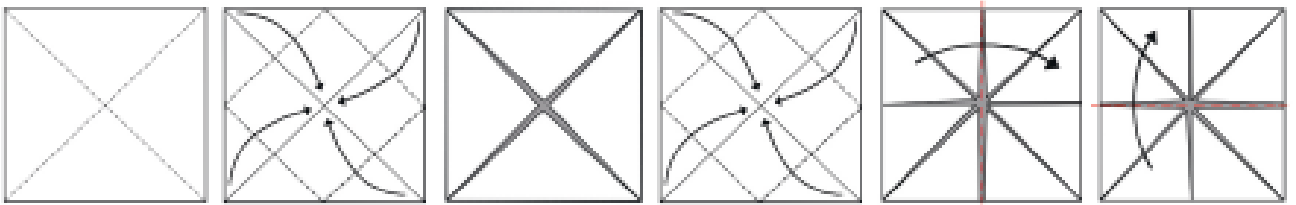
snowballs



sweater

Fortune Teller Christmas Santa Puppet

..... Fold Down
- - - - - Fold Up



It's messy but fun – this cheap gloop recipe is great fun – add some wooden spoons and containers!

Top tip – this is an activity for the kitchen floor – easier to clean up.



Gloop ingredients

1/2 cup cornflour

1/2 cup flour

250 ml water

paint



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This is the easiest playdoh recipe that we've found. Use cookie cutters and rolling pins – in fact anything you can find in the kitchen!

EASIEST PLAY DOUGH RECIPE EVER

1 Cup Flour

1/4 Cup Salt

1/2 Hot Water

2 tbsp Oil

Food Colouring



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**We love these easy sensory bottles!
The detergent they refer to is clothes
washing detergent:**



1. Fill $\frac{1}{4}$ of your bottle with washing detergent
2. Now fill the rest of your bottle with warm water
3. Add $\frac{1}{2}$ a teaspoon of glitter
4. Screw on the lid as tight as you can
5. Shake

25 Days of Christmas

Festive Fitness Activities

With only 25 days left until Christmas, Santa is getting all of his workers active and ready for the big day. Each day, join in with a partner or your class to complete one of the fitness activities, or take the challenge to do all 25 activities in a PE lesson or during break time.

Santa High Knees

Do 10 high knees



Gift Balance

Balance a book on your head



Gingerbread Jumps

Do 10 jumping jacks



Candy Cane Claps

Jump in the air and clap



Elf Dance

Dance like a mischievous elf



Bell Sit-Ups

Do 10 sit-ups



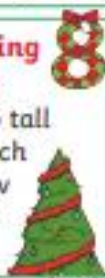
Reindeer Run

Gallop like Rudolph



Decorating the Tree

Stand up tall and crouch down low 10 times.



Snowman Squats

Do 10 squats



Santa Star Jumps

Do 10 ten star jumps to warm up



Snowman Push-Ups

Do ten push-ups



Wrap Presents

Sing or play some Christmas music - do a hand jive



Catch a Bauble

Throw and catch an object



Elf Stretch

Stretch high and low to put the present in Santa's sleigh



Chimney Mountain Climbers

Do 15 mountain climbers to reach the top of the chimney

Christmas Stocking Squats

Do 20 squats



Reindeer Kicks

Get ready to go, Rudolph! Do 10 front kicks



Gingerbread Jumping Jack

Do 15 jumping jacks



Christmas Pudding

Roll over



Tinsel Twists

Twist and jump from side to side



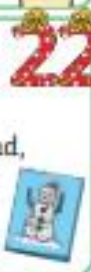
Starry Sky Stretch

Pluck a star from the sky - stretch and reach to the stars



Deliver Christmas Cards

Walk around, pretending to post your cards



Santa's Sleigh Star Jumps

Do 15 star jumps



Nutcracker March

March on the spot for 30 seconds like a soldier



Christmas Dance Party

Show off your best party dancing



Below are some brilliant websites and resources and we recommend for keeping little people (and bigger ones) occupied!

Cosmic Kids Yoga: https://www.youtube.com/watch?v=hK30_gcOfMc

The Body Coach : <https://www.youtube.com/watch?v=d3LPrhI0v-w>

Minecraft Workout : https://www.youtube.com/watch?v=y_5sOYdNmj8

Roblox Workout: <www.youtube.com/watch?v=mDR0vBC3eE0>

Spongebob Workout: https://www.youtube.com/watch?v=Fxeh28_8Ha4

Grinch Workout: www.youtube.com/watch?v=88Kwmm-_0h8

Olaf Workout: <www.youtube.com/watch?v=K8yaRigRCS4>

Dinosaur Chase: <www.youtube.com/watch?v=3Uuq6Bky0Dc>

